

Tuesday, April 1, 2025

Universal Intention for Peace

Date and Time: Tuesday, April 1 9:00 pm - 9:15 pm

Address: Zoom link: <https://be8nfinite.com/meditation/>

The purpose of these sessions is to contribute to universal peace. The Community of Hearts is the organizer of this program and brings together as many hearts as possible each night at 9 pm EST to create within and radiate from each heart the feeling of peace and universal love. When we envision peace in our world as a group we create a synergy that affects the collective consciousness of our planet. These sessions are guided and no previous experience is required from the participants.

Who is this program for?

If you are looking to cultivating more peace within yourself and in the world these nightly sessions are immensely effective.

Together through guided relaxation we can deeply relax and radiate from our hearts the vibration of peace to our world as we envision it on Earth.

Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Wednesday, April 2, 2025

Healing Intention Circle

Date and Time: Wednesday, April 2 12:00 pm - 12:30 pm

Address: Zoom Online

Max Planck, as a man who has devoted his whole life to the clearest-headed science for the study of matter, stated:

“I can tell you as a result of my research about atoms this much: There is no matter as such. All matter originates and exists only by virtue of a force, which brings the particle of an atom to vibration and holds this most minute solar system of the atom together. We must assume

behind this force the existence of a conscious and intelligent mind. This mind is the matrix of all matter.”

Einstein defined this field as the sole governing agency of the particle. This field is made of electrical and magnetic energies. Infinite possibilities exist in this field. With our minds we reach into those possibilities. We imagine our healing, abundance and transformation and that is how we lock that possibility in place. Through the feelings of our hearts we breathe life into the image of our mind. Belief is the union of thought and emotion. It is the code that translates possibilities into reality.

In Healing Intention Circle, a group of people comes together with connected hearts to focus on one positive intention coupled with coherent emotion (energy in motion). They hold an energetic space to bring about the desired healing and transformation. This participation in unfolding the reality that new science recognizes, has been used in many ancient traditions.

Submit any area of your life that needs support to be improved and bask in the love and oneness in this circle.

Who is this program for?

Anyone who **feels Stuck, Sick or is seeking healing and transformation** in one or more areas in life to live life to the fullest in peace, in power and in joy.

Delivery method: Online

Duration: 30 Minutes

Course fee: Free

Timing: Wednesdays at 12:00 PM EST

Session format: Small Group

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Date and Time: Wednesday, April 2 9:00 pm - 9:15 pm

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Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Thursday, April 3, 2025

Universal Intention for Peace

Date and Time: Thursday, April 3 9:00 pm - 9:15 pm

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Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Friday, April 4, 2025

Lantern Walk at Purple Woods Sugarbush

Date and Time: Friday, April 4 7:30 pm - 9:00 pm

Address: 38 Coates Road East, Oshawa, L1H 7K4

Enjoy a tasty treat made with real maple syrup, then head out for a self-guided hike and explore our illuminated sugarbush. The history of this liquid gold will be told by firelight.

Universal Intention for Peace

Date and Time: Friday, April 4 9:00 pm - 9:15 pm

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Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Saturday, April 5, 2025

Purple Woods Maple Syrup Festival

Date and Time: Saturday, April 5 9:30 am - 2:30 pm

Address: 38 Coates Road East, Oshawa, L1H 7K4

Come out and experience a Canadian spring in our sugarbush where sap is collected from hundreds of sugar maple trees and boiled on-site into delicious maple syrup. On a self-guided tour, you can visit our modern evaporator, enjoy games, activities, horse-drawn wagon rides, and of course, pancakes with real maple syrup. This year marks a milestone for CLOCA: 50 years of tapping and making delicious maple syrup from our sugarbush at Purple Woods Conservation Area!

Universal Intention for Peace

Date and Time: Saturday, April 5 9:00 pm - 9:15 pm

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Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Sunday, April 6, 2025

Heartfulness Sunday Satsangh Be 8nfinite

Date and Time: Sunday, April 6 9:00 am - 10:00 am

Address: Zoom online

Objective:

This weekly meditation series is brought to you by Heartfulness and *Be 8nfinite* teams. This simple and subtle practice of meditation connects each of us with the light and love in our hearts.

Yogic Transmission in this method allows you to have a profound experience even in your very first session. With practice, one experiences calmness from within, leading to the creation of better concentration, inner balance and true wellness of being.

Here is the link to read about and register for receiving the Zoom link: <https://be8nfinite.com/meditation/>

Purple Woods Maple Syrup Festival

Date and Time: Sunday, April 6 9:30 am - 2:30 pm

Address: 38 Coates Road East, Oshawa, L1H 7K4

Come out and experience a Canadian spring in our sugarbush where sap is collected from hundreds of sugar maple trees and boiled on-site into delicious maple syrup. On a self-guided tour, you can visit our modern evaporator, enjoy games, activities, horse-drawn wagon rides, and of course, pancakes with real maple syrup. This year marks a milestone for CLOCA: 50 years of tapping and making delicious maple syrup from our sugarbush at Purple Woods Conservation Area!

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Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Monday, April 7, 2025

Universal Intention for Peace

Date and Time: Monday, April 7 9:00 pm - 9:15 pm

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Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Tuesday, April 8, 2025

Universal Intention for Peace

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Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Wednesday, April 9, 2025

Healing Intention Circle

Date and Time: Wednesday, April 9 12:00 pm - 12:30 pm

Address: Zoom Online

Max Planck, as a man who has devoted his whole life to the clearest-headed science for the study of matter, stated:

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Anyone who **feels Stuck, Sick or is seeking healing and transformation** in one or more areas in life to live life to the fullest in peace, in power and in joy.

Delivery method: Online

Duration: 30 Minutes

Course fee: Free

Timing: Wednesdays at 12:00 PM EST

Session format: Small Group

Universal Intention for Peace

Date and Time: Wednesday, April 9 9:00 pm - 9:15 pm

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Delivery method: Online

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Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Thursday, April 10, 2025

Universal Intention for Peace

Date and Time: Thursday, April 10 9:00 pm - 9:15 pm

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Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Friday, April 11, 2025

Universal Intention for Peace

Date and Time: Friday, April 11 9:00 pm - 9:15 pm

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Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Saturday, April 12, 2025

Maple Sips and Savouries

Date and Time: Saturday, April 12 7:00 pm - 11:00 pm

Address: 38 Coates Road East, Oshawa, L1H 7K4

Join us in celebrating 50 years of maple syrup production with a delightful evening featuring maple-inspired tapas by Stuttering John's Smokehouse, and the Spring Thaw, a maple cream ale brewed in collaboration with Whitby's [Town Brewery](#) using Purple Woods maple syrup! Enjoy live acoustic tunes by local musician Jake Stauffer in the Heritage Hall. Afterward, take a scenic stroll through the illuminated sugarbush to the fragrant sugar shack, make your own s'mores, and warm up with specialty coffee, tea, or hot chocolate from Tall Pines Coffee. Don't forget to bring your guitars for a relaxed jam session by the campfire. This exclusive 19+ event is a perfect night for maple lovers!

What's included in the ticket price?

- One glass of Spring Thaw or one glass of wine (additional beverages may be purchased [Visa, MasterCard]).
- A selection of maple-inspired tapas.
- One specialty coffee, tea, or hot chocolate.

Be sure to visit the Heritage Store to purchase your maple syrup to take home!

Universal Intention for Peace

Date and Time: Saturday, April 12 9:00 pm - 9:15 pm

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Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Sunday, April 13, 2025

Heartfulness Sunday Satsangh Be 8nfinite

Date and Time: Sunday, April 13 9:00 am - 10:00 am

Address: Zoom online

Objective:

This weekly meditation series is brought to you by Heartfulness and *Be 8nfinite* teams. This simple and subtle practice of meditation connects each of us with the light and love in our hearts.

Yogic Transmission in this method allows you to have a profound experience even in your very first session. With practice, one experiences calmness from within, leading to the creation of better concentration, inner balance and true wellness of being.

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Date and Time: Sunday, April 13 9:00 pm - 9:15 pm

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Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Monday, April 14, 2025

Georgina-Brock Garden Club - How to Start a Cut Flower Garden

Date and Time: Monday, April 14 7:00 pm - 9:00 pm

Address: Pepperlaw Lions Community Hall, 38 Pete's Lane, Pepperlaw

“How to Start a Cut Flower Garden” by Debbie and Amanda Gordon of Cloverhill Flowers. Starting on vacant land, after eight years of trial, error and success, Debbie and Amanda know a thing or two about growing cut flowers, having built a thriving business. Learn the ins and out of growing cut flowers in your own garden with valuable information and resources provided for getting started. Welcome to Spring Social.

Universal Intention for Peace

Date and Time: Monday, April 14 9:00 pm - 9:15 pm

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Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Tuesday, April 15, 2025

Universal Intention for Peace

Date and Time: Tuesday, April 15 9:00 pm - 9:15 pm

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Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Wednesday, April 16, 2025

Brock-Georgina Probus Club Meeting

Date and Time: Wednesday, April 16 10:00 am - 12:00 pm

Address: Udora Community Hall, 24 Victoria Rd, Udora, ON

Monthly meeting. New members always welcome to attend.

Healing Intention Circle

Date and Time: Wednesday, April 16 12:00 pm - 12:30 pm

Address: Zoom Online

Max Planck, as a man who has devoted his whole life to the clearest-headed science for the study of matter, stated:

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Delivery method: Online

Duration: 30 Minutes

Course fee: Free

Timing: Wednesdays at 12:00 PM EST

Session format: Small Group

Universal Intention for Peace

Date and Time: Wednesday, April 16 9:00 pm - 9:15 pm

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Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Thursday, April 17, 2025

Food for Thought Luncheon

Date and Time: Thursday, April 17 10:00 am - 1:00 pm

Address: Manilla Community Hall

Three interesting speakers followed by a homemade lunch all for \$10.00. RSVP to Anne at 705-357-3637. facebook.com/manillahall

Universal Intention for Peace

Date and Time: Thursday, April 17 9:00 pm - 9:15 pm

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Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Friday, April 18, 2025

Universal Intention for Peace

Date and Time: Friday, April 18 9:00 pm - 9:15 pm

Address: Zoom link: <https://be8nfinite.com/meditation/>

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Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Saturday, April 19, 2025

Universal Intention for Peace

Date and Time: Saturday, April 19 9:00 pm - 9:15 pm

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Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Sunday, April 20, 2025

Heartfulness Sunday Satsangh Be 8nfinite

Date and Time: Sunday, April 20 9:00 am - 10:00 am

Address: Zoom online

Objective:

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Yogic Transmission in this method allows you to have a profound experience even in your very first session. With practice, one experiences calmness from within, leading to the creation of better concentration, inner balance and true wellness of being.

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Tuesday, April 22, 2025

Muse, an Evening of Poetry and Music

Date and Time: Tuesday, April 22 7:00 pm - 8:30 pm

Address: Online

This a warm space where we come together to share our poetry, spoken word, short stories, songs, and music. Where we share the light we have within and get warmth and light from each other.

If you are interested please fill this form:

<https://docs.google.com/.../1FAIpQLScrikfNzik.../viewform...>

Wednesday, April 23, 2025

Healing Intention Circle

Date and Time: Wednesday, April 23 12:00 pm - 12:30 pm

Address: Zoom Online

Max Planck, as a man who has devoted his whole life to the clearest-headed science for the study of matter, stated:

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Einstein defined this field as the sole governing agency of the particle. This field is made of electrical and magnetic energies. Infinite possibilities exist in this field. With our minds we reach into those possibilities. We imagine our healing, abundance and transformation and that is how we lock that possibility in place. Through the feelings of our hearts we breathe life into the image of our mind. Belief is the union of thought and emotion. It is the code that translates possibilities into reality.

In Healing Intention Circle, a group of people comes together with connected hearts to focus on one positive intention coupled with coherent emotion (energy in motion). They hold an energetic space to bring about the desired healing and transformation. This participation in unfolding the reality that new science recognizes, has been used in many ancient traditions.

Submit any area of your life that needs support to be improved and bask in the love and oneness in this circle.

Who is this program for?

Anyone who **feels Stuck, Sick or is seeking healing and transformation** in one or more areas in life to live life to the fullest in peace, in power and in joy.

Delivery method: Online

Duration: 30 Minutes

Course fee: Free

Timing: Wednesdays at 12:00 PM EST

Session format: Small Group

Thursday, April 24, 2025

Muse, an Evening of Poetry and Music

Date and Time: Thursday, April 24 7:00 pm - 8:30 pm

Address: Zoom link: <https://be8nfinite.com/meditation/>

Objective:

This is a warm space where we come together to share our poetry, prose, spoken word, short stories, songs, and music. Where we share the light, we have within and get warmth and light from each other.

Delivery method: Online

Session format: Small Group

Duration: 1 to 1:30 h

our

Class Dates: 4th Tuesday of every month at 7 – 8:30 pm

Course fee: Free

Sunday, April 27, 2025

Heartfulness Sunday Satsangh Be 8nfinite

Date and Time: Sunday, April 27 9:00 am - 10:00 am

Address: Zoom online

Objective:

This weekly meditation series is brought to you by Heartfulness and *Be 8nfinite* teams. This simple and subtle practice of meditation connects each of us with the light and love in our hearts.

Yogic Transmission in this method allows you to have a profound experience even in your very first session. With practice, one experiences calmness from within, leading to the creation of better concentration, inner balance and true wellness of being.

Here is the link to read about and register for receiving the Zoom link: <https://be8nfinite.com/meditation/>

Old Time Fiddle Jam

Date and Time: Sunday, April 27 1:00 pm - 3:00 pm

Address: Manilla Community Hall

Jam with all the amazing musicians to keep your toes tapping. Open mic for anyone to perform. Admission \$5.00. [facebook.com/manillahall](https://www.facebook.com/manillahall)

Wednesday, April 30, 2025

Healing Intention Circle

Date and Time: Wednesday, April 30 12:00 pm - 12:30 pm

Address: Zoom Online

Max Planck, as a man who has devoted his whole life to the clearest-headed science for the study of matter, stated:

“I can tell you as a result of my research about atoms this much: There is no matter as such. All matter originates and exists only by virtue of a force, which brings the particle of an atom to vibration and holds this most minute solar system of the atom together. We must assume

behind this force the existence of a conscious and intelligent mind. This mind is the matrix of all matter.”

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Duration: 30 Minutes

Course fee: Free

Timing: Wednesdays at 12:00 PM EST

Session format: Small Group

<https://calendar.townshipofbrock.ca>