

Sunday, March 9, 2025

Sunderland Minor Baseball Registration

Date and Time: Sunday, March 9 8:00 am

Address: Sunderland Fairgrounds

Spring is almost here!! and Baseball Registration Opens March 1st..Register early to ensure your spot! Looking forward to see many players back this year!!

Minor Baseball \$80/player

T-Ball \$60/player

Registration closes March 31, 2025

Heartfulness Sunday Satsangh Be 8nfinite

Date and Time: Sunday, March 9 9:00 am - 10:00 am

Address: Zoom online

Objective:

This weekly meditation series is brought to you by Heartfulness and *Be 8nfinite* teams. This simple and subtle practice of meditation connects each of us with the light and love in our hearts.

Yogic Transmission in this method allows you to have a profound experience even in your very first session. With practice, one experiences calmness from within, leading to the creation of better concentration, inner balance and true wellness of being.

Here is the link to read about and register for receiving the Zoom link: <https://be8nfinite.com/meditation/>

Purple Woods Maple Syrup Festival

Date and Time: Sunday, March 9 9:30 am - 2:30 pm

Address: 38 Coates Road East, Oshawa, L1H 7K4

Come out and experience a Canadian spring in our sugarbush where sap is collected from hundreds of sugar maple trees and boiled on-site into delicious maple syrup. On a self-guided tour, you can visit our modern evaporator, enjoy games, activities, horse-drawn wagon rides, and of course, pancakes with real maple syrup. This year marks a milestone for CLOCA: 50 years of tapping and making delicious maple syrup from our sugarbush at Purple Woods Conservation Area!

Universal Intention for Peace

Date and Time: Sunday, March 9 9:00 pm - 9:15 pm

Address: Zoom link: <https://be8nfinite.com/meditation/>

The purpose of these sessions is to contribute to universal peace. The Community of Hearts is the organizer of this program and brings together as many hearts as possible each night at 9 pm EST to create within and radiate from each heart the feeling of peace and universal love. When we envision peace in our world as a group we create a synergy that affects the collective consciousness of our planet. These sessions are guided and no previous experience is required from the participants.

Who is this program for?

If you are looking to cultivating more peace within yourself and in the world these nightly sessions are immensely effective.

Together through guided relaxation we can deeply relax and radiate from our hearts the vibration of peace to our world as we envision it on Earth.

Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Monday, March 10, 2025

Sunderland Minor Baseball Registration

Date and Time: Monday, March 10 8:00 am

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Georgina-Brock Garden Club - Plant Propagation 101

Date and Time: Monday, March 10 7:30 pm - 9:00 pm

Address: Pefferlaw Lions Community Hall, 38 Pete's Lane, Pefferlaw

Dan Galea of Plant Pals presents Plant Propagation 101. Dan brings a rich depth of knowledge developed over 50 years working in the commercial nursery growing industry, as well as travelling abroad expanding his horticultural knowledge. Dan will share the seven best methods of plant propagation used today for growing a variety of perennials.

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Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Tuesday, March 11, 2025

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Date and Time: Tuesday, March 11 8:00 am

Address: Sunderland Fairgrounds

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Universal Intention for Peace

Date and Time: Tuesday, March 11 9:00 pm - 9:15 pm

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Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Wednesday, March 12, 2025

Sunderland Minor Baseball Registration

Date and Time: Wednesday, March 12 8:00 am

Address: Sunderland Fairgrounds

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Registration closes March 31, 2025

Purple Woods Maple Syrup Festival

Date and Time: Wednesday, March 12 9:30 am - 2:30 pm

Address: 38 Coates Road East, Oshawa, L1H 7K4

Come out and experience a Canadian spring in our sugarbush where sap is collected from hundreds of sugar maple trees and boiled on-site into delicious maple syrup. On a self-guided tour, you can visit our modern evaporator, enjoy games, activities, horse-drawn wagon rides, and of course, pancakes with real maple syrup. This year marks a milestone for CLOCA: 50 years of tapping and making delicious maple syrup from our sugarbush at Purple Woods Conservation Area!

Healing Intention Circle

Date and Time: Wednesday, March 12 12:00 pm - 12:30 pm

Address: Zoom Online

Max Planck, as a man who has devoted his whole life to the clearest-headed science for the study of matter, stated:

“I can tell you as a result of my research about atoms this much: There is no matter as such. All matter originates and exists only by virtue of a force, which brings the particle of an atom to vibration and holds this most minute solar system of the atom together. We must assume

behind this force the existence of a conscious and intelligent mind. This mind is the matrix of all matter.”

Einstein defined this field as the sole governing agency of the particle. This field is made of electrical and magnetic energies. Infinite possibilities exist in this field. With our minds we reach into those possibilities. We imagine our healing, abundance and transformation and that is how we lock that possibility in place. Through the feelings of our hearts we breathe life into the image of our mind. Belief is the union of thought and emotion. It is the code that translates possibilities into reality.

In Healing Intention Circle, a group of people comes together with connected hearts to focus on one positive intention coupled with coherent emotion (energy in motion). They hold an energetic space to bring about the desired healing and transformation. This participation in unfolding the reality that new science recognizes, has been used in many ancient traditions.

Submit any area of your life that needs support to be improved and bask in the love and oneness in this circle.

Who is this program for?

Anyone who **feels Stuck, Sick or is seeking healing and transformation** in one or more areas in life to live life to the fullest in peace, in power and in joy.

Delivery method: Online

Duration: 30 Minutes

Course fee: Free

Timing: Wednesdays at 12:00 PM EST

Session format: Small Group

Universal Intention for Peace

Date and Time: Wednesday, March 12 9:00 pm - 9:15 pm

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Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Thursday, March 13, 2025

Sunderland Minor Baseball Registration

Date and Time: Thursday, March 13 8:00 am

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Session format: Group

Friday, March 14, 2025

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Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

Saturday, March 15, 2025

Sunderland Minor Baseball Registration

Date and Time: Saturday, March 15 8:00 am

Address: Sunderland Fairgrounds

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T-Ball \$60/player

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Date and Time: Saturday, March 15 9:30 am - 2:30 pm

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Universal Intention for Peace

Date and Time: Saturday, March 15 9:00 pm - 9:15 pm

Address: Zoom link: <https://be8nfinite.com/meditation/>

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Delivery method: Online

Duration: 15 Minutes

Timing: Every evening at 09:00 PM EST

Course fee: Free

Facilitated by: Heartfulness Trainers

Session format: Group

<https://calendar.townshipofbrock.ca>